



DECONTAMINATION CHECKLIST FOR END OF SHIFT

EQUIPMENT

Clean stethoscope, phone & pens with antiseptic wipes & store in sealed plastic bags

CLEAN SHOES

Remove shoes, clean with antiseptic wipes & store in sealed plastic bag

REMOVE SCRUBS

Remove scrubs & place in sealed plastic bag
(or return to linen bin if using hospital-issued scrubs)

CHANGE CLOTHES

Change into a clean set of clothes for travel to & from work

HAND HYGIENE

Perform hand hygiene with soap & water
or alcohol based hand gel

TRAVEL

Travel straight home, practicing social distancing
if using public transport

SHOWER

Shower immediately on arrival home,
prior to greeting others

LAUNDRY

Wash scrubs separately in hot water setting in machine.
Air dry clothing outside or use clothes dryer.